

# Department of Psychology

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## School of Education and Human Studies

### Faculty

**Teresa West** (1983). Professor of Psychology and Department Chair. B.A., Union University; M.A., Ed.S., and Ed.D., University of Memphis.

**Jinni Leigh Blalack** (1991). Associate Professor of Psychology. B.S., Union University; M.A., Middle Tennessee State University; additional study, Tennessee State University.

**Paul Deschenes** (2000). Assistant Professor of Psychology and Director of Counseling Services. B.A., University of Florida; Psy.D., Rosemead School of Psychology.

**Joanne Stephenson** (1988). Professor of Psychology. B.S. and M.S., University of Tennessee at Martin; Ed.D., University of Memphis.

**David Vickery** (1981). Professor of Psychology. B.A., Wake Forest University; M.A., Appalachian State University; Ph.D., University of Georgia.

### Statement of Mission

Committed to academic excellence and development of the whole person, the Department of Psychology strives to challenge and support students in developing a better understanding of human relations and individual adjustment by applying concepts to their personal living. Within a Christian context, the psychology major gives students the preparation for graduate study and the foundation for effective interaction with others in a variety of career settings.

#### I. Major in Psychology—30 hours

Psychology 213, 311, 410 and 412 are required of all majors.

#### II. Minor in Psychology—21 hours

Psychology 213 and 410 are required of all minors.

### Student Awards

The **Academic Excellence Medal** is awarded to the graduating senior with the highest average in the major provided the average is not less than 3.5. Before Awards Day, the student must have completed at least 15 credit hours in the major at Union University, exclusive of pass/fail courses. If no major is eligible, the medal will be given to the minor meeting the minimum requirements.

The **Dr. Bill Bouchillon Psychology Excellence** is given to an outstanding graduating senior with a 3.5 GPA or greater in psychology as selected by the Psychology faculty.

### Student Organization

The **Psychology Club**, open to all students, provides information regarding graduate programs and job opportunities for PSY majors and minors, provides information about and encourage the reading of current writings in the field, encourages association among Psychology students, promotes scholastic achievement, and provides information to students who want to learn more about the major.

**Psi Chi** is the National Honor Society in Psychology, founded 1929, to encourage, stimulate, and maintain excellence in scholarship, and advancing the science of psychology. Membership is open to majors who have completed 3 semesters with 9 PSY hours, a 3.0 CUM GPA and a 3.5 PSY GPA.

## Course Offerings in Psychology (PSY)

( ) Hours Credit; F-Fall; W-Winter; S-Spring; Su-Summer

### 213. Introduction to Psychology (3) F, W, S, Su

A survey of the various areas included in the field of psychology, using the bio-social and scientific approaches to understanding behavior.

### 219. Developmental Psychology (3) W, S

Prerequisite: PSY 213.

Human development from the prenatal stage through older adulthood. Emphasis: emotional, social, physical, motor, and psychological development of the individual.

### 220. Adult Psychology (1) As Needed

Prerequisite: PSY 213.

Developmental processes in adulthood, designed for students who have had Child Psychology or Adolescent Psychology.

### \*225. Survey of Exceptionalities (3) F, W, S, Su

See SE 225 for course description.

### 311. Statistics for the Behavioral Sciences (3) F, S

Prerequisite: PSY 213. Recommended: MAT 114 .

Basic statistical measures and concepts necessary to understand psychological literature, with emphasis upon the application of statistics to the behavioral sciences with emphasis on experimental design.

### 312. Industrial Psychology (3) F

Prerequisite: PSY 213.

An overview of psychology in the work place, relating to motivation, personnel selection and training, leadership styles, and human relations. **185**

### 313. Adolescent Psychology (3) S

Prerequisite: PSY 213.

A study of the individual during adolescent years with emphasis on the development of self-identity and the problems faced by the American adolescent.

### 315. History of Psychology (3) As Needed

Prerequisite: PSY 213.

The development of psychology from its early beginnings to the present with emphasis upon the various schools of psychology and contributions of outstanding individuals.

### 316. Behavioral and Cognitive Theories of Learning (3) F, S

Prerequisite: PSY 213.

Prominent theories of learning in the context in which they were originated, their influence upon contemporary psychological thought, and their present applications.

### 317. Abnormal Psychology (3) F, S

Prerequisite: PSY 213.

Causes and types of abnormal phenomena, mental hygiene, and therapeutic methods.

### 318. Psychological Foundations of Education (3) F, S

Prerequisite: PSY 213.

Applying psychological principles to education. Learning, motivation, human growth and development are emphasized.

**323. Theories of Personality (3) F**

Prerequisite: PSY 213.

An introduction to the various theoretical positions regarding the development of personality placed in a general context of psychological theory and related to the psychological adjustment of the individual.

**324. Child Growth and Development (3) F, S**

Prerequisite: PSY 213.

Physical, cognitive, social and emotional growth of children from the prenatal period through adolescence. Emphasis on the major theories of development, the significance of these theories and issues for teachers and other professionals who work with children.

**328. Physiological Psychology (3) S**

Prerequisite: PSY 213.

The physiological bases of behavior with emphasis upon the neural substrates and biochemical bases of behavior, the sensory functioning and response capabilities of the organism and the genetic determinants of behavior.

**330. Health Psychology (3) S**

Stress, its effects and how to deal with it will be studied from a conceptual and application basis. Related topics include smoking, obesity, hypertension, headaches, insomnia, type A behavior, gastrointestinal disorders, cancer, and diabetes.

**410. Advanced General Psychology (3) F, S**

Prerequisite: 15 hours of PSY.

An extensive and in-depth study of the field emphasizing current research, issues, and methodology that psychology as a science uses. In-depth coverage of the major areas of psychology. Serves as the exit course in the assessment procedure for majors.

**412. Experimental Psychology (3) F, S**

Prerequisite: PSY 213.

Theoretical and practical aspects of experimental psychology with emphasis on experimental designs and results, practical applications of theoretical concepts and principles using individual and class projects, research techniques, written reports of projects, and journals readings.

**413. Psychological Measurement and Assessment (3) S**

Prerequisite: PSY 213. Suggested: PSY 311 & 317.

Methods of evaluation of individuals, including Exceptionalities, and the nature of administration and interpretation of intelligence, interest, personality, achievement and aptitude tests.

**418. Social Psychology (3) F**

Prerequisite: PSY 213 & SOC 211. Reciprocal credit: SOC 418.

Factors which underlie the development of social behavior, social aspects of personality development and interaction between the individual and groups.

**422. Sport Psychology (3) S—Even Years**

Prerequisite: PSY 213. Reciprocal credit: PEWS 421.

See PEWS 421 for course description.

**425. Introduction to Counseling (3) S**

Prerequisite: PSY 213, 317, or consent of the instructor.

An introduction to the field of counseling. Various approaches will be studied, as well as job opportunities and the history of the counseling relationship itself. Supervised practice is a part of the course requirements.

**435. Contemporary Issues in the Family (3) W**

Reciprocal credit: SOC 435.

See SOC 435 for course description.

**490. Practicum (3) F, W, S, Su**

Prerequisites: PSY 213, 317, 12 additional PSY hours, and prior departmental approval.

Field experience in a community agency. A journal and research paper are required.

Purchase of professional liability insurance is required.

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**180-280-380-480. Study Abroad Programs (1-4) As Needed**

All courses and their application must be defined and approved prior to travel.

**195-6-7. Special Studies (1-4) On Demand**

Lower-level group studies which do not appear in the regular departmental offerings.

**395-6-7. Special Studies (1-4) On Demand**

Upper-level group studies which do not appear in the regular departmental offerings.

**495-6-7. Independent Study (1-4) On Demand**

Individual research under the guidance of a faculty member(s).

**498-9. Seminar (1-3) F On Demand**

To be used at the discretion of the department for majors only.