

# DEPARTMENT OF PSYCHOLOGY

## COLLEGE OF ARTS AND SCIENCES

### Faculty

**Teresa West** (1983). Professor of Psychology and Department Chair. B.A., Union University; M.A., Ed.S., and Ed.D., University of Memphis.

**Jinni Leigh Blalack** (1991). Associate Professor of Psychology. B.S., Union University; M.A., Middle Tennessee State University; additional study, Tennessee State University.

**Paul Deschenes** (2000). Associate Professor of Psychology and Director of Counseling Services. B.A., University of Florida; Psy.D., Rosemead School of Psychology.

**Joanne Stephenson** (1988). Professor of Psychology. B.S. and M.S., University of Tennessee at Martin; Ed.D., University of Memphis.

**David Vickery** (1981). Professor of Psychology. B.A., Wake Forest University; M.A., Appalachian State University; Ph.D., University of Georgia.

### Mission Statement

Committed to academic excellence and development of the whole person, the Department of Psychology strives to challenge and support students in developing a better understanding of human relations and individual adjustment by applying concepts to their personal living. Within a Christian context, the psychology major gives students the preparation for graduate study and the foundation for effective interaction with others in a variety of career settings.

### I. Major in Psychology—33 hours

A. PSY 213, 311, 317, 410, 412—15 hours

B. PSY Electives—18 hours

C. Only 2 of the 4 developmental courses (219, 313, 320, 324) may apply toward the major.

### II. Minor in Psychology—21 hours

Psychology 213 and 410 are required of all minors.

### Assessment of Majors

Psychology Majors are required to take PSY 410 during the Senior year as capstone to the major.

### Student Organizations

The **Psychology Club**, open to all students, provides information regarding graduate programs and job opportunities for PSY majors and minors, provides information about and encourages the reading of current writings in the field, encourages association among Psychology students, promotes scholastic achievement, and provides information to students who want to learn more about the major.

**Psi Chi** is the National Honor Society in Psychology, founded 1929, to encourage, stimulate, and maintain excellence in scholarship, and advance the science of psychology. Membership is open to majors who have completed 3 semesters with 9 PSY hours, a 3.0 CUM GPA and a 3.5 PSY GPA.

### Student Award

The **Dr. Bill Bouchillon Psychology Excellence** is given to an outstanding graduating senior with a 3.5 GPA or greater in psychology as selected by the Psychology faculty.

### Course Offerings in Psychology (PSY)

( ) Hours Credit; F-Fall; W-Winter; S-Spring; Su-Summer

#### 213. Introduction to Psychology (3) F, W, S, Su

A survey of the various areas included in the field of psychology, using the bio-social and scientific approaches to understanding behavior.

#### 219. Developmental Psychology (3) W, S

Prerequisite: PSY 213.

Human development from the prenatal stage through older adulthood. Emphasis: emotional, social, physical, motor, and psychological development of the individual.

#### \*225. Survey of Exceptionalities (3) F, W, S, Su

See SE 225 for course description.

#### 311. Statistics for the Behavioral Sciences (3) F, S

Prerequisite: PSY 213. Recommended: MAT 114 .

Basic statistical measures and concepts necessary to understand psychological literature, with application to the behavioral sciences with emphasis on experimental design.

#### 312. Industrial Psychology (3) As Needed

Prerequisite: PSY 213.

An overview of psychology in the work place, relating to motivation, personnel selection and training, leadership styles, and human relations.

#### 313. Adolescent Psychology (3) S

Prerequisite: PSY 213.

A study of the individual during adolescent years with emphasis on the development of self-identity and the problems faced by the American adolescent.

**315. History of Psychology (3) As Needed**

Prerequisite: PSY 213.

The development of psychology from its early beginnings to the present with emphasis upon the various schools of psychology and contributions of outstanding individuals.

**316. Behavioral and Cognitive Theories of Learning (3) F, S**

Prerequisite: PSY 213.

Prominent theories of learning in the context in which they were originated, their influence upon contemporary psychological thought, and their present applications.

**317. Abnormal Psychology (3) F, S**

Prerequisite: PSY 213.

Causes and types of abnormal phenomena, mental hygiene, and therapeutic methods.

**318. Psychological Foundations of Education (3) F, S**

Prerequisite: PSY 213.

Applying psychological principles to education. Learning, motivation, human growth and development are emphasized.

**320. Adult Psychology (3) As Needed**

Prerequisite: PSY 213.

Late adolescence through late adulthood using the theoretical framework of the life-span with emphasis on physical, cognitive, social and emotional development.

**323. Theories of Personality (3) F**

Prerequisite: PSY 213.

An introduction to the various theoretical positions regarding the development of personality placed in a general context of psychological theory and related to the psychological adjustment of the individual.

**324. Child Growth and Development (3) F, S**

Prerequisite: PSY 213.

Physical, cognitive, social and emotional growth of children from prenatal through adolescence. Emphasis on major theories of development, their significance and issues for teachers and other professionals who work with children.

**328. Physiological Psychology (3) S**

Prerequisite: PSY 213.

The physiological bases of behavior with emphasis upon the neural substrates and biochemical bases of behavior, the sensory functioning and response capabilities of the organism and the genetic determinants of behavior.

**330. Health Psychology (3) S**

Stress, its effects and how to deal with it will be studied from a conceptual and application basis. Related topics include smoking, obesity, hypertension, headaches, insomnia, type A behavior, gastrointestinal disorders, cancer, and diabetes.

**338. Issues in Psychology and Religion (3) As Needed**

Prerequisite: PSY 213.

Explores the relationship between psychology and religion. Topics include guilt, conscience, growth/maturity, the Church and mental health, and Christian counseling.

**400. Positive Psychology (3) F, W**

Prerequisites: PSY 213 plus 6 additional hours from PSY, SOC, SW.

Explores the theory of Positive Psychology and its principles of learned optimism and authentic mental health.

**410. Advanced General Psychology (3) F, S**

Prerequisite: 15 hours of PSY.

An extensive and in-depth study of the field emphasizing current research, issues, and methodology. In-depth coverage of the major areas of psychology.

**412. Experimental Psychology (3) F, S**

Prerequisite: PSY 213.

Theoretical and practical aspects of experimental psychology with emphasis on experimental designs and results, practical applications of theoretical concepts and principles using individual and class projects, research techniques, written reports of projects, and journal readings.

**413. Psychological Assessment (3) S**

Prerequisite: PSY 213. Suggested: PSY 311 & 317.

Methods of evaluation of individuals, including Exceptionalities, and the nature of administration and interpretation of intelligence, interest, personality, achievement and aptitude tests.

**415. Applied Research (3) F**

Prerequisite: PSY 311 & 412, Senior PSY major & Instructor Permission.

Hands-on, group research on various topics that include synthesizing findings into a research paper.

**417. Field Research Presentation (1) S**

Prerequisite: PSY 415 and Instructor Permission

Research presentation experience at a professional conference building on and refining the experiences and findings of PSY 415.

**418. Social Psychology (3) F**

Prerequisite: PSY 213 & SOC 211. Reciprocal credit: SOC 418.

Factors which underlie the development of social behavior, social aspects of personality development and interaction between the individual and groups.

**422. Sport Psychology (3) S**

Prerequisite: PSY 213. Reciprocal credit: PEWS 421. See PEWS 421 for description.

**425. Introduction to Counseling (3) S**

Prerequisite: PSY 213, 317, or consent of the instructor.

An introduction to the field of counseling. Various approaches will be studied, as well as job opportunities and the history of the counseling relationship itself. Supervised practice is a part of the course requirements.

**435. Contemporary Issues in the Family (3) W**

Reciprocal credit: SOC 435. See SOC 435 for description.

**490. Practicum (3) F, W, S, Su**

Prerequisites: PSY 213, 317, 12 additional PSY hours, and prior approval.

Field experience in a community agency. A journal and research paper are required. Purchase of professional liability insurance is required.

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**179-279-379-479. External Domestic Study Programs (1-3) As Needed**

All courses and their applications must be defined and approved prior to registering.

**180-280-380-480. Study Abroad Programs (1-4) As Needed**

All courses and their application must be defined and approved prior to travel.

**195-6-7. Special Studies (1-4) On Demand****295-6-7. Special Studies (1-4) On Demand**

Lower-level group studies which do not appear in the regular departmental offerings.

**395-6-7. Special Studies (1-4) On Demand**

Upper-level group studies which do not appear in the regular departmental offerings.

**495-6-7. Independent Study (1-4) On Demand**

Individual research under the guidance of a faculty member(s).

**498-9. Seminar (1-3) F On Demand**

To be used at the discretion of the department for majors only.