Athletic Training Profession Technical Standards

The Department of Athletic Training at Union University in accordance with the National Athletic Trainers Association has adopted the following guidelines of technical standards for entry-level athletic training education.

Americans with Disabilities Act of 1990, P.L. 101-336, provides comprehensive civil rights protections to qualified individuals with disabilities.

Section 504 of the Rehabilitation Act of 1973 “prohibits all programs or activities receiving federal financial assistance from discrimination against individuals with disabilities who are ‘otherwise qualified’ to participate in those programs.” With respect to post-secondary educational services, an “otherwise qualified” individual is a person with a disability “who meets the academic and technical standards requisite to admission or participation in the recipient’s education program or activity.”

Given the intent of Section 504 and the ADA, the development of standards of practice for a profession, and the establishment of essential requirements to the student’s program of study, or directly related to licensing requirements, is allowable under these laws. In applying Section 504 regulations, which require individuals to meet the “academic and technical standards for admission,” the Supreme Court has stated that physical qualifications could lawfully be considered “‘technical standard(s) for admission.”

If an institution can reasonably modify its program or facilities to accommodate the applicant or student with a disability, the “otherwise qualified” applicant or student shall not be excluded. However, an institution need not provide accommodations or modify its program of study or facilities such that (a) would “fundamentally alter” and/or (b) place an “undue burden on” the educational program or academic requirements and technical standards which are essential to the program of study.

The following guidelines embody the physical, cognitive, and attitudinal abilities an entry-level athletic trainer must be able to demonstrate in order to function in a broad variety of clinical situations; and to render a wide spectrum of care to athletes and individuals engaged in physical activity. The guidelines serve to recognize abilities essential to the development of these entry-level abilities.
TECHNICAL STANDARDS FOR ADMISSION

The Athletic Training Education Program at Union University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Education Program established qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program’s accrediting agency (Commission on Accreditation for Athletic Training Education [CAATE]). The following abilities and expectations must be met by all students admitted to the Athletic Training Education Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Compliance with the program’s technical standards does not guarantee a student’s eligibility for the NATA/BOC certification exam.

Candidates for selection to the Athletic Training Education Program must demonstrate:

1. The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and be able to distinguish deviations from the norm;
2. Sufficient postural and neuromuscular control, sensory function and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients;
3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice;
4. The ability to record the physical examination results and a treatment plan clearly and accurately;
5. The capacity to maintain composure and continue to function well during periods of high stress;
6. The perseverance, diligence and commitment to complete the Athletic Training Education Program as outlined and sequenced;
7. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations;
8. Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.
Candidates for selection to the Athletic Training Education Program will be required to verify that they understand and meet technical standards or that they believe that, with certain accommodations, they can meet these standards.

Union University (the institution's disabilities department) will evaluate any student who states he/she could meet the program's technical standards with accommodations, confirm that the stated condition qualifies as a disability under applicable laws.

If a student states he/she can meet the technical standards with accommodations, then the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodations; this includes a review at whether the accommodations requested are reasonable, taking into account whether accommodations would jeopardize clinician/patient safety, or the educational process of the student or the institution, including all coursework, clinical experience and internship deemed essential to graduation.

I certify that I have read and understand the technical standards for selection listed above, and I believe to the best of my knowledge that I meet each of these standards **WITHOUT** accommodations. I understand that if I am unable to meet these standards I will not be admitted into the program.

____________________________  __________________________
Signature of Applicant                  Date

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Print Name

**Alternative statement for students requesting accommodations**

I certify that I have read the technical standards of selection listed above and I believe to the best of my knowledge that I meet each of these standards **WITH** certain accommodations. I will contact Union University (the institution's disabilities department) to determine what accommodation may be available. I understand that if I am unable to meet these standards with or without accommodations, I will not be admitted into the program.

____________________________  __________________________
Signature of Applicant                  Date

____________________________
Print Name

The Americans with Disabilities Act, Title II and Title III are applicable to students with disabilities and their requests for accommodations. Title II covers state colleges and universities. Title III pertains to private educational institutions; it prohibits discrimination based on disability in places of “public accommodation,” including undergraduate and postgraduate schools.