**TranSouth Conference Cross Country Results**

<table>
<thead>
<tr>
<th>Women's Conference Results</th>
<th>Men's Conference Results</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Team Scores:</strong></td>
<td><strong>Team Scores:</strong></td>
</tr>
<tr>
<td>1. Union 15</td>
<td>1. Union 17</td>
</tr>
<tr>
<td>2. Crichton 63</td>
<td>2. Lyon 47</td>
</tr>
<tr>
<td>4. Lyon 91</td>
<td>4. Lambuth (Incomplete)</td>
</tr>
<tr>
<td>5. Lambuth (Incomplete)</td>
<td>5. Crichton (Incomplete)</td>
</tr>
</tbody>
</table>

**Runner of the Year**
- Jill Konkol, Union University

**Newcomer of the Year**
- Emily Sexton, Lyon College

**Coach of the Year**
- Gary Johnson, Union University

**All-Conference**
- Jill Konkol, Union University
- Lydia Bond, Union University
- Rachel Winford, Union University
- Candace Cross, Union University
- Charley Moss, Union University
- Emily Sexton, Lyon College
- Erika Schnatterly, Union University

**Runner of the Year**
- John Fox, Union University

**Newcomer of the Year**
- Beau Palmer, Lyon College

**Coach of the Year**
- Gary Johnson, Union University

**All-Conference**
- John Fox, Union University
- Douglas Martin, Union University
- Phillip Thompson, Union University
- Beau Palmer, Lyon College
- Seth Covington, Union University
- Clint Channell, Union University
- Daniel Haney, Lyon College

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**NAIA Region XI Cross Country Results**

<table>
<thead>
<tr>
<th>Women's Region Results</th>
<th>Men's Region Results</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. Union (Tenn.)</strong></td>
<td><strong>1. Cumberlands (Ky.)</strong></td>
</tr>
<tr>
<td><strong>2. Lindsey Wilson (Ky.)</strong></td>
<td><strong>2. Union (Tenn.)</strong></td>
</tr>
<tr>
<td><strong>3. Cumberlands (Ky.)</strong></td>
<td><strong>3. Campbellsville (Ky.)</strong></td>
</tr>
<tr>
<td><strong>4. Georgetown (Ky.)</strong></td>
<td><strong>4. Lindsey Wilson (Ky.)</strong></td>
</tr>
<tr>
<td><strong>5. Campbellsville (Ky.)</strong></td>
<td><strong>5. Lyon (Ark.)</strong></td>
</tr>
<tr>
<td><strong>6. Crichton (Tenn.)</strong></td>
<td><strong>6. Georgetown (Ky.)</strong></td>
</tr>
<tr>
<td><strong>7. Bethel (Tenn.)</strong></td>
<td><strong>7. Bethel (Tenn.)</strong></td>
</tr>
<tr>
<td><strong>8. Lyon (Ark.)</strong></td>
<td><strong>8. Pikeville (Ky.)</strong></td>
</tr>
<tr>
<td><strong>9. Pikeville (Ky.)</strong></td>
<td></td>
</tr>
</tbody>
</table>

**First Team All-Region**
- Josh Laughlin, Cumberlands
- John Fox, Union
- Douglas Martin, Union
- Emmanuel Isanda, Lindsey Wilson
- Aleer Duot, Cumberlands
- Seth Darrell, Cumberlands
- Marius Cozmanciuc, Cumberlands

**Second Team All-Region**
- Phillip Thompson, Union
- Beau Palmer, Lyon
- Bret Ratliff, Cumberlands
- Seth Covington, Union
- Carl Roberts, Cumberlands
- Koji Hashiyama, Lindsey Wilson
- Clint Channell, Union

**Coach of the Year:** Gary Johnson, Union

**Co-Coaches of the Year:** Gary Johnson, Union
- Floud Stroud (Cumberlands)